

Official NewsLetter of the Guardians



LONG LIVE OUR KING



DID YOU KNOW?

Approximately 118 BMT De-suups from various dzongkhags are currently in Thimphu to participate in drill for our 116th National Day

On the auspicious and joyous occasion of the 68th Birth Anniversary of His Majesty the Fourth Druk Gyalpo Jigme Singye Wangchuck, we, the De-suung family, extend our heartfelt prayers and best wishes for His Majesty's long life, good health, and boundless happiness.

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On February 14, 2011, the De-suung Integrated Training Programme began in Tencholing, Wangdue Phodrang. De-suung, which means "Guardians of Peace," is a Royal Initiative of His Majesty The King.

His Majesty The King Commanded the establishment of De-suung in response to an overwhelming supplication from the youth for an opportunity to offer their voluntary service to the nation. Thus, De-suung was created as an avenue enabling those who wanted to volunteer their time and energy in service of the nation and people.

The Training Programme's foundation is based on the spirit of volunteerism and the positive influence of community service, integrity, and civic duty ethics and values.

De-suups actively volunteer during disasters, participate in social service activities, and offer service to others throughout their lives. In other words, as lifelong members of the De-suung Organization, trainees progressively improve their ability to bear their daily duties and responsibilities.

Batches Trained

Female Trained

16,999

Total Trained

Male Trained

41,102

59

24,103



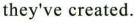
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THE CONSECRATION OF CHOEGO CENTER

On 4th April 2022, 65 De-suups, who had undergone multiple construction training at Trongsa Dzongkhalum DSP, began the construction of CHOEGO CENTER in Chubachu. This unique structure, guided by His Majesty the King's vision, stands out as a state-of-the-art facility supporting De-suups in their career aspirations.

The construction, lasting almost one year and eight months, utilized 80 percent wooden timber, with main pillars built from glued lime timber (joined timber). The building's floors feature a solar heating system, and walls and roofs are soundproof insulated. Zhenphen construction assisted in the installation of solar panels.

At the heart of the Center is a top-floor products gallery, where De-suups can sell items





This space not only provides a platform for entrepreneurship but also celebrates the talents and skills of our dedicated De-suups. The Center houses well-equipped workstations and meeting halls, available for De-suups to foster professional growth. Additionally, it accommodates hair salons, beauty spas, and bike maintenance stations, offering a range of services to the public while providing valuable vocational opportunities for De-suups.

On the ground floor, the Center features a lecture series hall and a fitness center. Moreover, a Garuda bar and cafe provide a relaxing space for socializing and networking. The inclusion of fablab studios further underscores the Center's commitment to fostering creativity and technical skills.





The CHOEGO CENTER will assist De-suups in honing their skills, building their careers, and contributing significantly to nation-building. This landmark initiative is a testament to His Majesty's vision for the employment and development of Bhutan's youth.



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4TH COORDINATION MEETING

The 4th Consecutive De-suung Coordination Meeting took place at De-suung Headquarters in Thimphu, involving Dzongkhag Regional Coordinators, Dzongkhag Coordinators, and Data Managers. The meeting, held from November 13th to November 17th, focused on discussing reports and progress updates from the 3rd coordination meeting. The Chief Planning Officer highlighted advancements in establishing the De-suung Task Force, improving transportation and logistics, implementing DSP, SRC, SAR, and SOP for deployed De-suups.



The discussions extended to budgetary resolutions, ongoing works, and strategies to realize proposed activities at the district level. Key areas explored included online service delivery and the introduction of a points/hearts score system to enhance various deployment activities.

The meeting also addressed challenges and solutions related to De-suups training and emphasized proper approval and information channels for deployments.





Among various topics, special attention was given to media and communication. The meeting concluded with the provision of two additional radio handsets to the Regional De-suung Coordinators, supplementing the existing ones.



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ZHUNG DRATSHANG

As the weather turns cold in Thimphu every year, the Central Monastic Body relocates to its winter residence in Punakha. On November 13th, the Central Monastic Body, led by Dorji Lopen, departed from Tashichoedzong to Punakha.



Approximately 300 De-suups volunteered to manage the crowd along the way, while thousands of people gathered to receive blessings from sacred relics.

This time, the kudung Chorten of the late 68th Je Khenpo, His Holiness Je Thrizur Tenzin Doendrup, was also transported to Puna Dewa Chhenpoi Phodrang. The tradition of maintaining summer and winter residences dates back to the 17th century when Zhabdrung Ngawang Namgyal introduced it.



The Zhung Dratshang will spend the next six months in Punakha and is scheduled to return to Thimphu on the first day of the fourth Bhutanese month next year.



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ZHABTOG TO TANGO MONASTERY

Zhabtog for Lhakhang and Monastery Construction: In celebration of the auspicious 68th Birth Anniversary of the great Fourth King, 148 De-suups volunteered for the renovation of Tango Monastery. Our Nyamros played a crucial role in clearing construction remnants and even carried boulders to build a retreat hut for a mediator near Tango Monastery.



Another group of 70 De-suups volunteered, embarking on a 3-hour journey to Pumola Monastery to transport wooden blocks to Phajoding.

These blocks will be used in constructing retreat huts for the increasing number of mediators, expanding the retreat center at Phajoding Monastery.





On the same day, approximately 10 De-suups volunteered their efforts to contribute to the construction of Tenchekha Lhakhang.



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MONGAR TSHECHU

The 61st Annual Mongar Thekchen Norbu Choeling Tshechu took place from November 19th to November 22nd, 2023. Approximately 60 De-suups were deployed for crowd management and night patrolling in collaboration with the Royal Bhutan Police. Thousands of spectators gathered from 17 gewogs and nearby Dzongkhags to witness the Tshechu.





The event concluded successfully without any issues. Food and refreshments were provided by the Dzongkhag administration and Dratshang. After the four-day Tshechu, Dasho Dzongda, the Superintendent of Police (SP), and the Commanding Officer (OC) of Mongar expressed gratitude to the De-suups for their service. They reiterated the importance of De-suups and the significant role and responsibilities that they shoulder.



DE-SUUNG Issue 67/ Nov.26.2023 ZHABTOG

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NYAMRO CHRONICLES



DE-SUUP GYEM TSHERING -DS(38)20-5219

Embracing the Spirit of Service: My Journey as a De-suung Volunteer.

Woven into the fabric of my life are vibrant threads of service and volunteerism, each experience adding a unique hue to the canvas of my personal growth. Before joining the esteemed De-suung fraternity, I was deeply involved in the fulfilling realm of volunteering. Fueled by a profound desire to contribute to community well-being and instill a sense of volunteerism in young students, I actively participated in service initiatives.

A transformative shift marked my journey when I joined De-suung in 2019, a pivotal moment coinciding with the nation's urgent need for my service in combating the COVID-19 pandemic. As a De-suup, I became an integral part of a noble institution dedicated to serving the nation, contributing my efforts to the collective fight against the challenges we faced.

I am De-suup Gyem Tshering, currently serving as the Dzongkhag Coordinator for Gasa. While my professional identity centers on being a teacher, I am also driven by a deep passion for volunteering. Much of my journey is indebted to His Majesty the King, whose unwavering leadership, constant guidance, and profound inspiration have intricately shaped my path.

The decision to join the De-suung training ranks high among the choices I've made in life, proving to be both fulfilling and impactful. Thanks to this commitment, I have been privileged to extend my reach to the unreached, leaving an indelible mark on lives and fostering positive change in the community. His Majesty's words to the nation echo in my mind: 'Throughout my reign, I will never rule you as a king. I will protect you as a parent, care for you as a brother, and serve you as a son. I shall give you everything and keep nothing; I shall live such a life as a good human being that you may find worthy to serve as an example for your children.'

For me, De-suups embody the true manifestation of His Majesty's commitment to serving the people. With dedication and unwavering commitment, there's nothing beyond our reach. Despite being a civil servant, I carve out time from my schedule to dedicate myself to the service of my fellow De-suups and the well-being of the community.

I eagerly anticipate enhancing my modest knowledge and skills in De-suung, aspiring to contribute more effectively to the community and better serve my Nyamros. However, I find it challenging to seize such opportunities due to my commitments to fulfill my primary duties. Some of the key services & responsibilities shouldered as a De-suup:

- * Dzongkhag Coordinator since 2020
- * COVID-19 Surveillance team
- * Khatoed Gojay for a year
- * RIF Facility manager for 62 days in 2022
- * Successfully completed MFTP phase I and II
- * Successfully completed NADPM & RCP program
- * Disaster response & crowd management in public functions.
- * Dzongkhang COVID-19 Task force member. Gasa Dzongkhag Coordinator

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