



# DE-SUUNG ZHABTOG

Official Newsletter of the Guardians



## DID YOU KNOW?

The De-suung headquarters will be relocated to Gyelposhing, Mongar.

The De-suung headquarters have requested His Eminence Laytsho Lopen Rinpoche to bless the De-suup volunteers and the work site at the Royal Takin Preserve at Motithang, Thimphu on June 26th. The Royal Project was initiated on October 19th, 2022, and nearly 9 months have passed since then. The first phase has been successfully conducted, and the second phase is already underway. Initially, the project started with a total of 58 De-suups, comprising 38 males and 20 females. Presently, there are 80 De-suups, including 47 males and 33 females. The De-suups have demonstrated unwavering dedication to their nation through their volunteer work.

Thus far, the De-suups have accomplished the landscaping and renovation of the footpath, which was a significant task. Furthermore, the construction of the water tank and the installation of pipelines have been completed. The second phase is presently in progress, encompassing the construction of a pedestrian bridge and the beautification of the area. The project also features various environmental displays, such as a rock garden, wood park, picnic spot, and children's park. The De-suung fraternity expresses deep gratitude to the higher authorities for granting us this invaluable opportunity. The De-suup volunteers have been acquiring new knowledge and honing their skills through this project. We would like to extend our sincere appreciation to Her Majesty The Gyaltshen Jetsun Pema Wangchuck for providing us with this remarkable opportunity.

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Issue 56 | June 27, 2023



On February 14, 2011, the De-suung Integrated Training Programme began in Tencholing, Wangdue Phodrang. De-suung, which means "Guardians of Peace," is a Royal Initiative of His Majesty The King.

His Majesty The King Commanded the establishment of De-suung in response to an overwhelming supplication from the youth for an opportunity to offer their voluntary service to the nation. Thus, De-suung was created as an avenue enabling those who wanted to volunteer their time and energy in service of the nation and people.

The Training Programme's foundation is based on the spirit of volunteerism and the positive influence of community service, integrity, and civic duty ethics and values.

De-suups actively volunteer during disasters, participate in social service activities, and offer service to others throughout their lives. In other words, as lifelong members of the De-suung Organization, trainees progressively improve their ability to bear their daily duties and responsibilities.

• Batches Trained

57

• Female Trained

15,171

• Male Trained

22,126

• Total Trained

37,297

## MARTSALLA WATER PROJECT



✔ Martsalla water project, Samdrupcholing Drungkhag, Samdrup Jongkhar Desuung National Service, in partnership with the Ministry of Infrastructure and Transport (MoIT) and the Ministry of Agriculture and Livestock (MoAL), has successfully completed its sixth water supply project in Samdrupjongkhar Dzongkhag. The drinking water supply scheme, located in Martshalla Gewog, was officially handed over to Samdrup Jongkhar Dzongkhag for operation and maintenance on June 28th, 2023.

The project involved the participation of approximately 70 De-suups over a duration of 5 months. The implementation received support from the Ministry of Infrastructure and Transport, Dzongkhag Administration, Royal Bhutan Army (RBA), and the local government. The water supply scheme will benefit 75 households, with a population of 350 people. The construction was completed at an estimated cost of 7.97 million, covering a distance of 25km using various sizes of HDPE pipes. It includes one intake, two flow control reservoirs (FCR), five break pressure tanks (BPT), and 75 tap stands.

The commissioning ceremony was graced by Dasho Dzongda, the head of Samdrup Jongkhar Dzongkhag, and attended by officials from the Dzongkhag Administration, De-suung office, Royal Bhutan Army, Ministry of Infrastructure and Transport, Gewog Administration, and the local community.

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Issue 56 | June 30, 2023

## The 58th Batch accelerated De-suung Training Program



Coinciding with Her Majesty The Queen Mother, Gyalum Tshering Yangdon Wangchuck's Birth Anniversary, the 58th batch of the Accelerated De-suung Training Program commenced on 21st June in Wing I (Tendruk), Wing V (Tashichholing), Wing IX (Pelrithang), Wing X (Dewathang), and SRPF (Tashigatshel). This batch of trainees comprises 825 males and 700 females, totaling 1525 participants. The three-week training will conclude on July 11th, 2023.

## Five Nation championship (Basketball)



✔ De-suung volunteers from Thimphu and Paro, representing the larger De-suung fraternity, joined the special reception to welcome the Basketball Senior Men's National Team at Paro International Airport on June 24th. The national team returns home triumphant after winning the Five Nation Championship, marking a historic victory for sports in Bhutan. De-suung joins the nation in congratulating our team for their spectacular success and for making the entire nation proud.






## NYAMRO CHRONICLES



Just like the rest of the nation, I feel extremely blessed to be a part of this respected organization. Joining De-suups is the best choice I have ever made in my life, and I personally believe that it is a once-in-a-lifetime opportunity. Being a De-suup instills in me the spirit of volunteerism, a sense of humility, and above all, it directs my life in a positive manner, noticeable in the way I talk and behave.

KADRIN CHOE MEWANG CHOG for opening the door of opportunity for the people of Bhutan and setting a supreme example of patriotism and sacrifice. We are extremely proud to wear the Orange Uniform under your guidance.

Lastly, I pledge myself to be ever ready to serve the king, country, and people, keeping our code of conduct in mind and our supreme commander's words of wisdom in my heart.

 Karma Dargay  
DS(25)17-2997



## Exploring Trans Bhutan Trail



A group of six BMT De-suups and nine Desuup Nyamros embarked on an adventure to explore the Trans Bhutan Trail at 9:00 am on June 27th. Their primary destination was Neyzargang, and the trail began from Dangchu Zampa. The purpose of their journey was not only for physical fitness but also to contribute to the preservation of the old trails by clearing the pathways. Despite the scorching heat of 37° Celsius, they managed to reach their destination by 10:12 am. The experience of spending time with new Nyamros and traversing through the woods proved to be rejuvenating.

For their return journey, they decided to explore an alternative route through the Rubesa Gewog. They enjoyed a superb pack lunch, which not only refreshed them but also revitalized their spirits. This delightful meal was savored at the Rubesa Gewog center, reached by 11:30 am. To complete their entire journey, they took a route that passed through the Hesothangkha bridge, ultimately concluding their trail at Wangdue Zampa at 1:43 pm.

## Supporting De-suung Entrepreneurship



### Supporting De-suung Entrepreneurship!

The De-suung Skilling Programme was initiated by Royal Command during the pandemic with the aim of equipping Bhutanese youth with skills and confidence. With nearly 40,000 De-suups now trained, a significant number of them being young men and women, the emergence of new businesses by young De-suups utilizing their newly acquired skills and knowledge is seen as a testament to the success of the DSP's vision. On June 29th, the Chief Planning Officer (CPO) and other representatives from the De-suung head office proudly attended the opening of the Gazum Fitness Studio in Paro. This studio is owned and managed by De-suup Phuntsho Dema, who completed a 6-month internationally certified DSP in Integrated Fitness Training and specialized in Zumba. Gazum Fitness Studio will offer Zumba, Yoga, and Body Combat classes. The De-suung fraternity extends heartfelt congratulations to De-suup Phuntsho Dema on her new venture and wishes her every success in her entrepreneurial journey.