# DE-SUUNG ZHABTOG



#### "COMMENCEMENT OF 10TH BATCH NANGCHOE PROGRAM"





### DID YOU KNOW?

De-suups started their 3-month journey on 20th June, where they are learning Hip Hop and Street Jazz from expert trainer Ms. Orawee Tadtiang (THAI) and assistant trainer Mr. Pema from Gokab.

"On the 3rd of July 2023, the 10th batch of the Nangchoe program commenced at Neyzer Gang, Thimphu, marking the beginning of an enriching journey for a group of dedicated individuals. The opening ceremony was graced by esteemed guests, including His Eminence Laytsho Lopen Rinpoche and former Chief Justice Dasho Tshering Wangchuk. The ceremony was attended by officials from Zhung Dratshang and DSP.

A total of 26 Desuups, comprising an equal number of male and female participants, have embarked on this month-long Nangchoe program training.

Over the course of the Nangchoe program, the participating De-suups will undergo comprehensive training in various aspects, including Driglam Namzha, prayers, and philosophies. These teachings will enable them to deepen their understanding of Bhutanese traditions and values, fostering a sense of cultural pride and responsibility.

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## DE-SUUNG ZHABTOG

Official Newsletter of the Guardians



On February 14, 2011, the De-suung Integrated Training Programme began in Tencholing, Wangdue Phodrang. De-suung, which means "Guardians of Peace," is a Royal Initiative of His Majesty The King.

His Majesty The King Commanded the establishment of De-suung in response to an overwhelming supplication from the youth for an opportunity to offer their voluntary service to the nation. Thus, De-suung was created as an avenue enabling those who wanted to volunteer their time and energy in service of the nation and people.

The Training Programme's foundation is based on the spirit of volunteerism and the positive influence of community service, integrity, and civic duty ethics and values.

De-suups actively volunteer during disasters, participate in social service activities, and offer service to others throughout their lives. In other words, as lifelong members of the De-suung Organization, trainees progressively improve their ability to bear their daily duties and responsibilities.

Batches Trained

• Female Trained

15, 171

Total Trained

57

Male Trained

37,297

22,126



### SUCCESSFUL PREPARATION FOR GCIT COLLEGE AT KABISA





### "SHENEN DEDOUG" CEREMONY



On the 1st of July, 50 Nangchoe De-suups were deployed at the Memorial Chorten to assist the Samcholing monk body in organizing "Shenen Dedoug", a ceremony aimed at removing disease and negative energy from our bodies. The guidance for this dispelling of negative energy, including diseases and demons, commonly known as "Shenen Dedoug", is provided by the Khenpo and Tsula Lopen of the monk body. The event took place on the 1st and will continue until the 9th of July.

From early morning, starting at 5 am, until late evening at 7 pm, approximately 50 De-suups are providing their assistance. They help in serving devotees, controlling crowds, and maintaining cleanliness. In addition, our 50 Nangchoe De-suups are involved in teaching around 165 students from schools in Thimphu town to recite religious scripts in the evenings



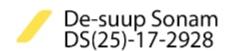
### NYAMRO CHRONICLES



Volunteer duty stems from a genuine desire to help others and make a positive impact. It is driven by a sense of altruism and compassion for those in need. Volunteers often possess a strong empathy for the struggles or challenges faced by certain individuals or communities and want to contribute to their well-being. Volunteers willingly dedicate their time and effort to support a cause or

Volunteers willingly dedicate their time and effort to support a cause or organization. They understand that their contribution is valuable and can make a meaningful difference. This involvement could include participating in regular activities, events, or projects, as well as assisting during specific periods or emergencies.

Volunteers often bring unique skills, expertise, and experiences to their volunteer duty. They offer specialized knowledge or talents to contribute effectively to the cause they support. Whether it involves teaching, mentoring, fundraising, providing medical assistance, or any other skill, volunteers utilize their abilities to benefit others. Volunteer duty often involves working collaboratively with other volunteers, as well as staff members or organizers of the organization or cause. Volunteers understand the importance of teamwork and are willing to cooperate, communicate, and coordinate their efforts to achieve common goals.





### **BLOOD DONATION CAMP**



Due to the high number of patients visiting Gelephu Hospital, the hospital management made a request to the Regional De-suung Office in Gelephu to organize a blood donation camp. In response, 50 De-suups generously volunteered to donate blood on the 4th of July. The De-suung office successfully collected and donated 45 units of blood, contributing to the availability of this life-saving resource for patients in need.



#### MFTP PHASE 2 UPDATE

# Following table shows status of seedlings received and plantation carried out as of 6.07.23

Dzongkhag	2nd Phase Sub-tropical Target	No of Seedling received		No of DeSuups	No of Seedlings Planted		* RPRPD	** PDPD
		Qty.	%		Qty.	%		
Gasa	83	83	100.00	0	83	100.00	Completed	Completed
Punakha	17,183	19,341	112.56	38	16,800	97.77	15	
Wangdue	16,943	16,040	94.67	31	16,040	94.67	36	1.17
Lhuntse	12,617	11,601	91.95	38	11,329	89.79	52	1.36
Tashigang	32,362	28,071	86.74	72	27,436	84.78	197	2.74
T/Yangtse	22,094	20,411	92.38	34	18,923	85.65	127	3.73
Sarpang	11,612	11,612	100.00	20	9,463	81.49	86	4.30
S/Jongkhar	48,350	45,124	93.33	58	42,034	86.94	253	4.36
Trongsa	25,131	20,801	82.77	34	19,317	76.87	233	6.84
Mongar	55,176	47,414	85.93	88	38,566	69.90	664	7.55
Zhemgang	41,521	30,300	72.98	62	29,552	71.17	479	7.72
Chhukha	100,390	98,502	98.12	102	78,703	78.40	867	8.50
Наа	9,369	8,745	93.34	17	5,658	60.39	148	8.73
Samtse	96,035	85,526	89.06	102	61,496	64.03	1382	13.54
Tsirang	69,974	61,198	87.46	55	47,567	67.98	896	16.30
Dagana	66,408	58,579	88.21	33	48,894	73.63	701	21.23
Pemagatshel	96,380	76,400	79.27	73	57,506	59.67	1555	21.30
Total	721,628	639,748	88.65	857	529,367	73.36	7690	8.97

### Colour Coding for Tracking the Progress:

GREEN	On Track			
YELLOW	At Risk			
RED	Behind Schedule			

<sup>\*</sup> RPRPD: Required Plantation Rate Per Day (Number of seedlings to be planted per day to complete the plantation by end of July, 2023)

<sup>\*\*</sup> PDPD: Required Plantation Rate Per Day Per De-Suup (Number of seedlings to be planted per day per De-Suup to complete the plantation by end of July, 2023)



### NADPM UPDATE









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NADPM is delighted to announce that two additional large dzongkhags (districts) have successfully achieved the status of 100% sterilization of free-roaming dogs on the 6th of July. With their accomplishment, they join the ranks of the other 12 dzongkhags, resulting in a total coverage of 70% of the country.

As members of the De-suung fraternity, we would like to express our heartfelt appreciation and gratitude to the determined individuals who have tirelessly led and actively participated in this national endeavor. Their unwavering commitment and relentless efforts, regardless of the seasons and varying weather conditions, have brought us closer to fulfilling the vision of our Supreme Commander in addressing this long-standing challenge.