



DE-SUUNG ZHABTOG

Official Newsletter of the Guardians



DID YOU KNOW?

Ten trainees become internationally certified Zumba Instructors

Ten trainees (7 De-suups, 1 RBP personnel and 2 RBA personnel) from the De-suung Skilling Programme in Zumba successfully completed the assessment conducted by ZUMBA fitness. They are the first in Bhutan to receive certification in Zumba from Zumba fitness. With this certification, the 10 trainees can now train both in and outside Bhutan.

Mr. Prateek Kundial, master instructor from ZUMBA fitness in India was in the country from 17th to 18th August for the assessment. Upon the successful completion of the assessment, the 10 trainees became members of the Zumba Instructors Network (ZIN). ZIN is the worldwide network of instructors and its membership allows members to gain access to multiple tools.



NADPM Combing Phase in Merak and Sakteng.

A total of 13 De-suups, 7 livestock official, and 4 officials from Forestry(Dart man) were engaged in the Combing phase of National Accelerated Dog Population Management (NADPM) and Rabies Control Programme (RCP) which took place in Merak and Sakteng Dungkhang under Trashigang Dzongkhag.

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ABOUT THE GUARDIANS

On February 14, 2011, the De-suung Integrated Training Programme began in Tencholing, Wangdue Phodrang. De-suung, which means "Guardians of Peace," is a Royal Initiative of His Majesty The King.

His Majesty The King Commanded the establishment of De-suung in response to an overwhelming supplication from the youth for an opportunity to offer their voluntary service to the nation. Thus, De-suung was created as an avenue enabling those who wanted to volunteer their time and energy in service of the nation and people.

The Training Programme's foundation is based on the spirit of volunteerism and the positive influence of community service, integrity, and civic duty ethics and values.

De-suungs actively volunteer during disasters, participate in social service activities, and offer service to others throughout their lives. In other words, as lifelong members of the De-suung Organization, trainees progressively improve their ability to bear their daily duties and responsibilities.

• Batches Trained

51

• Female Trained

11,736

• Male Trained

18,575

• Total Trained

30,311

Southern Border Duty



SBD - Current areas of responsibility

1. Samtse - SBD 16th batch and local 28th batch.
225 De-suups (221 males and 24 females)
2. Phuentsholing - SBD 27th batch.
198 De-suups (132 males and 67 females)
3. Chhukha - SBD 25th batch.
22 De-suups (All males)
4. Gelephu - SBD 14th batch.
90 De-suups (All males)
5. Sarpang - SBD 11th batch.
33 De-suups (All males)
6. Samdrup Jongkhar - SBD 16th batch.
62 De-suups (All male)
7. Jomotshangkha - SBD 11th batch.
34 De-suups (24 males and 10 females)
8. Mathangguri, Zhemgang - SBD 4th batch.
5 De-suups (All males)
9. Lhamoizingkha - SBD 11th batch.
26 desuups (All males)
10. Nganglam - SBD 25th batch.
18 De-suups (All males)

Total Deployment - 746 De-suups in 10 different areas of responsibility

NORTHERN BORDER DUTY



✓ NBD - Current areas of responsibility.

1. Trashiyangtse - NBD 10th batch.
18 De-suups. (All males)



DE-SUUNG TAKSHEL

In collaboration with the Tourism Council of Bhutan(TCB) and the Ministry of Home and Culture Affairs(MoHCA), the De-suung Takshel has officially begun at Paro. The work is expected to conclude soon .

80 De-suups are deployed daily for the tasks. The activities that have been completed so far are as follows:

1. Toilet maintenance at the base
2. Maintenance of the horse trail
3. Dismantling horse stables and temporary sheds at the base
4. Horse mounting (Horse trail from Yoeselgang till the base)



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NYAMRO CHRONICLES



“A changed man today”

Ever since the pandemic hit our nation, and the lockdowns were imposed, the lives of many people became difficult. Amid the unexpected situation and the worrisome scenario, I decided to join the 40th batch of De-suung on May 20, 2022. I completed my training from Tendruk, Royal Bhutan Army (Wing 1). Soon after, I was first deployed for the Southern Border Deployment. Since that, I have been serving at the various Point of Entries (PoEs) under Samtse Dzongkhag.

Though the journey wasn't easy, the experiences I have had were fruitful. I have developed good communication skills and leadership quality. I feel honoured to have received the opportunity to serve my King, country and the people especially during difficult times. It has encouraged me to work harder and become a better person, and in turn become a wise De-suup.

As a citizen of our nation, I am very grateful to His Majesty The King for tirelessly working to keep our nation safe. I feel proud that I am a part of His majesty's vision.

Long live His Majesty The King.

Written by **Ugyen Tenzin**
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NYAMRO CHRONICLES



“Apprehension to Contentment”

I joined the De-suung Training Programme on May 4, 2022. It was my father who encouraged me to join the programme but I was apprehensive. I joined the 39th Batch of the De-suung Training. The training ended on May 23, 2022.

Rightfully said, the training changed my life. Now, when I look back on the journey that I have had as a De-suup, I feel glad that I listened to my father. I learnt the true meaning of a De-suup after my training was completed.

On June 25, 2022, I was in the third batch deployed for the Northern Border Deployment at Merak, Yoetang Point of Entry. The days passed very slow and the duty at times was very difficult. However, with time, I realized that I had changed. I was feeling more calm and content. I felt like I had achieved something in life.

I am incredibly grateful for this responsibility. Also, I feel blessed to have received an audience with His Majesty the King on the 114th National Day. I feel privileged that it is a once in a lifetime opportunity. I will always feel indebted for this golden chance in life.

Written by **Tandin Dorji**
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ORIENTATION



- ✓ The 51st Batch De-suung Accelerated Training Programme for Executives concluded on August 14, 2022 at the Military Training Centre in Tencholing, Wangdiphodrang.

The 51st Batch comprises of 244 males and 42 females (286 in total) who are Government Officials, Private Sector heads and officials from the Tourism sector.

With the conclusion of the two weeks training, the total De-suups in the country is now 30,311 (18,575 male and 11,736 Female).

The Chief Operations Officer, Lt General Batoo Tshering DYG, DRT, DW, DT, DK graced the Passing Out Parade as the chief guest.

The Orientation ceremony for the 51st batch was held on 19th August at the De-suung club house in Thimphu.

On behalf of the 51st batch, De-suup Tandy Wangchuk, President of BCCI, thanked the De-suung organization for the orientation. He stated that the trust and hope bestowed on the 51th batch by His Majesty the King has filled them with the highest pride. He also added that the 51st batch wishes to undertake volunteer works anytime to show their gratitude and dedication for the responsibility that they have been handed with.